



Division II TEAM Camps

HFC is announcing a new team camp structure for our Division II programs from U13 - 18.

Team camp has been expanded to mirror the Division I environment. These camps will address the needs of the Division II player and offer an extended camp to those players wishing to expand on their knowledge of the game.

Each camp is organized with 2 – 3 teams and will be for 3 hours each day for 3 days. This time will be used to provide the technical foundation. Each 2 hours of training will be complemented with a 1 hour game. Each camp will be held by a HFC Director of Coaching and assisted as necessary.

A new component for 2011 is the additional two days of optional camp. The extra two days of camp will be used to provide the higher level of soccer tactics employed to be a complete player. Topics regarding team shape, technical/tactical training by position, and systems of play will be addressed. This model follows the curriculum of the Division I team camps.

The technical/tactical portion of the extended camp is designed to give specific information and training by a player's particular position. Players wishing to extend their knowledge of the game and push themselves to the next level should explore the opportunities this additional programming has to offer.

Due to the nature of the newly designed team camps, there will be little flexibility in allowing players to miss their team camp and schedule with another team/gender. There will be limited space for adjusting camp times/dates for players. As such, if players are not available for camp, they may have to forfeit their camp experience. No refunds are provided as the camp is part of our overall programming cost.

Due to the additional staffing and extension of camp, there is an additional charge for the extended portion of camp. The extended portion is optional and will incur an additional \$75 charge. Sign ups will be made available closer to camp time.

In addition to the team camp, there is a speed and agility camp extended over a two week period and does not contain the same limitations as the team camp. Players can maximize their potential by attending as many sessions as possible over the two week period. This camp is included in the HFC program cost.

